

Travel to the NIMR, and Accommodation



**The National Institute for
Medical Research
The Ridgeway
Mill Hill
London, NW7 1AA, UK**

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<http://www.nimr.mrc.ac.uk>

Traveling to the Institute by car

- From the North via M1 - exit at Junction 2 - A1 (Great North Way) - left into Holders Hill Road - Bittacy Hill - The Ridgeway
- From the North via A1 or A41 to Apex Corner - Mill Hill Circus - Daws Lane (just after Circus) - left into Hammers Lane - right into The Ridgeway
- From the M25 - exit at Junction 23 (South Mimms) - A1 (Barnet By- Pass) then as above
- A406 (North Circular Road) from the West - left into Brent Street - Parson Street - Holders Hill Road - Bittacy Hill - The Ridgeway
- A406 (North Circular Road) from the East - to Henlys corner - right fork to A1 - right into Holders Hill Road - Bittacy Hill - The Ridgeway

Parking

The Institute has secure, free parking on site for both visitors and staff.

Traveling to the Institute by bus

- 240 Golders Green Station - Hendon - Mill Hill East - The Ridgeway (stops outside the Institute) - Mill Hill Broadway - Edgware
- 221 Turnpike Lane - Wood Green - North Finchley - Mill Hill East (alight at Engel Park just off The Ridgeway, then a short walk along The Ridgeway) - Mill Hill Broadway - Edgware

Traveling to the Institute by rail

The nearest train station is Mill Hill Broadway. From Mill Hill Broadway, take the 240 or 221 bus (takes about 10 minutes)

Further information about train times and routes, including timetables and fares can be found at:

- [National Rail - journey planner](#)
- [The Trainline - plan and buy UK train tickets](#)
- [Thameslink web site](#)

Traveling to the Institute by London Underground

- The nearest tube station is Mill Hill East on Northern Line
- From Mill Hill East station the Institute is a 15 minute walk uphill
- Alternatively, the 240 bus directly outside the station will drop you at the front of the Institute

Further information can be found on [the London Underground](#) web site.

Traveling from London airports

- **Heathrow Airport**
 - London Underground Piccadilly line to King's Cross, then Northern Line to Mill Hill East. 240 bus or walk to Institute.
 - [Heathrow Express](#) to Paddington, then London Underground Circle Line or Hammersmith & City Line to King's Cross. Northern Line to Mill Hill East, then 240 bus or walk (uphill) to Institute.
- **Gatwick Airport**
 - [Thameslink](#) train to London (Farringdon) Thameslink station, then another Thameslink train to Mill Hill Broadway. 240 bus to Institute, or 221 bus to Engel Park, then short walk to Institute.
 - [Gatwick Express train](#) to London Victoria, then London Underground (Victoria Line) to King's Cross. Northern Line to Mill Hill East, then 240 bus or walk (uphill) to Institute.
- **City Airport**
 - Shuttle bus to Canary Wharf. Docklands Light Railway to Bank. London Underground Northern Line to Mill Hill East, then 240 bus or walk (uphill) to the Institute.
- **Stansted Airport**
 - Stansted Express train to London Liverpool Street. Then London Underground (Circle, Metropolitan, or Hammersmith & City Line) to King's Cross. Northern Line to Mill Hill East, then 240 bus or walk (uphill) to Institute.
- **Luton Airport**
 - Shuttle bus from airport to Luton Airport Parkway Thameslink station. [Thameslink](#) train to Mill Hill Broadway. 240 bus to Institute, or 221 bus to Engel Park, short walk to Institute.

If you let LASA, (or the organiser on the day) know where you are staying on the night of the 7th, a minibus can be organised from the hotels with the larger numbers of people after dinner on the Thursday and Friday morning. Otherwise we will be able to help with taxi's or bus routes.

Hendon Hall Hotel – this is the closest hotel and we have organised a discount for delegates. Double rooms with full English breakfast will be £105 per night if you quote LASA/ISTT with your booking. 40 rooms are being held for a month, after that space is no longer guaranteed.

<http://www.hendonhall.com>

The number 240 bus goes from outside the hotel to outside the gates of the NIMR.

Hendon Hall Hotel
Ashley Lane
Hendon, London, NW4 1HF
Tel: 0208 203 3341
Fax: 0208 203 9709

Days Hotel London North (London Gateway)

M1 between junction 2-4,
Mill Hill
Edgware, NW7 3HU

Double room, ensuite - £65

Comfort Hotel Finchley

3 Leisure Way
High Rd
Finchley
London N12 0QZ

The Glenlyn Hotel

6 Woodside Park Road
Finchley
London' N12 8RP

£55-£60 Single, £64-72 Double, £76-90 Family room

All rooms ensuite

Full English breakfast included

Heatherbank Guest House, London

25 - 27 Woodside Park Road,
Finchley,
Barnet, London, N12 8RT

Single room, ensuite - £50

Double room, ensuite - £60

Full English breakfast included